



[www.AtHomeinDaybreak.com](http://www.AtHomeinDaybreak.com)



Upcoming Events for the Daybreak Community



Resources for Daybreak Residents



Daybreak: Volunteer Opportunities

# COMMUNITY

Daybreak News, Activities, Real Estate, Articles, & Tips for Summer 2016

## SUMMER FUN FOR FAMILY: Keep Your Kids Active



Summer break can cause a panic in parents. It doesn't matter if you're working full time or at home with the kids, the fears are the same: you don't want your children to spend their summer in front of the TV all day or texting as their only means of communication with the rest of the world.

Parents can keep their kids' minds stimulated by trying any one these activities:

Make **reading a daily habit**. Children learn when their brains are active, even if they're reading fun and easy books.

Enroll them in **local summer programs**. Schools or community programs often sponsor events and activities to keep kids engaged.



Use the television to your advantage. Make sure **educational programs** are part of their routine. Examples: National Geographic, Animal Planet and Discovery Channel.

Make sure your child's summer is filled with **physical activities**. Children need 60 minutes of physical activity each day, including aerobic and muscle strengthening activities, according to the Centers for Disease Control and Prevention.

Sign your child up for local recreational or **sports programs**. Churches, community centers and schools usually host events throughout the summer. Let your child choose what interests them. They may even try something new.

Get a pass to the local **public swimming** pool. Encourage your children to head up to the pool by mid-morning to avoid the heat and the crowds.

Have your child **write a story** over the summer months.

Host a **sprinkler party** with the neighborhood kids.

Work with a neighborhood organization or nursing home to do **service work** together as a family. Community service is a great way to keep your child active while also learning valuable lessons in philanthropy and humility.

Do a **home improvement project** together. You and your kids can paint a bedroom wall, repurpose old furniture or plant a garden.

Take a **cooking class** together. Some are designed for children as young as 10.

Tour the area **museums**. Plan a day trip (or longer) to some of them this summer. Most museums offer a free admission time, such as Wednesday nights or the first Friday of every month.

The best thing you can do for your kids this summer is spend time with them. The bonding, activities and relaxation will be good for them, and for you.

## BROOKSIDE PARK

"Brookside Park, located in Daybreak, is a fun little park with a stream, slide down the side of the hill, zipline, beach volleyball area, and so much more.

"This is by far one of my favorite parks. It's in such a cute neighborhood and reminds me of a park right out of a perfect little neighborhood in a movie. My kid's favorite parts were the zipline and the stream. I loved the shade that was there while the kids played."

~ *SaltLakeMoms.com*

### AMENITIES:

- BEST Play Equipment EVER!
- Zip Line
- Basketball courts
- Volleyball courts
- Grassy sports fields
- Barbeque stations
- Picnic areas
- Brook with play area (dress your kids to get wet!)
- Brookside Pool

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# UPCOMING EVENTS



DAYBREAK

## COMMUNITY AMENITIES

### SODA ROW MUSIC NIGHTS

Fridays & Saturdays  
6:00 - 8:00 pm  
Amphitheater at Kestrel Rise Road

Grab some food from our SoDa Row shops, take a walk along the lake, and then enjoy live music at Daybreak's amphitheater. A lovely local evening for all.

### SUMMER CAMP OUT

July 15 - 16  
6:00 pm  
Firmont, Eastlake, Brookside, Ewok Parks

It's time for a camp out in Daybreak! On Friday, July 15th, we'll be taking over some of Daybreak's parks for the return of one of our most popular events. LiveDAYBREAK will provide fire pits and the fixins for s'mores, but you're in charge of your meal for the evening. Please bring games and activities to share and enjoy with your neighbors! In the morning, we'll provide a light breakfast

### 9th ANNUAL FIZZ FEST STREET FAIR

August 12 - 13  
4 - 10:00 PM  
SoDa Row

Daybreak's biggest party of the year is returning! Family games, amazing music and entertainment, art vendors, great food from SoDa Row eateries and food trucks and so much more!

### FARMERS' MARKET

Saturdays - August - October  
8:00 am - 2:00 pm  
South Jordan City Hall

Join local farmers to purchase fresh produce and enjoy weekly activities for the whole family - face painting, quilt show, DJ music, chalk art competition, chili cook off, cookie decorating. Be sure to visit us online for more information

[www.southjordanfarmersmarket.com](http://www.southjordanfarmersmarket.com)



### SAFETY PREPAREDNESS FAIR

Friday, August 5  
7:00 pm  
Heritage Park

The City of South Jordan is offering free classes on a wide range of topics including: Disaster kits, gun safety, radon awareness, first aid, powerless cooking, ID theft, hydroponic gardening, food storage, CPR, and more! Register today for any of the classes then join us on Friday for our Safety Fair. We'll have a live DJ, Superhero Fun Run, demos, Prescription Disposal Site, Vendor booths and more!

## Volunteer Opportunities

Are you interested in getting more involved with the Daybreak community? LiveDAYBREAK would love to have you join their Steering Committee! The Steering Committee is a group of resident volunteers who help organize and implement all of the fantastic events at Daybreak. If you would like to join them, please attend one of their meetings - held on the fourth Thursday of each month at 6:00 pm at the Glass House. For more information, email [information@livedaybreak.com](mailto:information@livedaybreak.com).

### DAYBREAK COMMUNITY CENTER

and Fitness Center  
4544 West Harvest Moon Drive  
South Jordan, Utah 84095  
801.253.6418  
[CommunityCenter@LiveDAYBREAK.com](mailto:CommunityCenter@LiveDAYBREAK.com)

### GARDEN PARK CLUBHOUSE

11150 South Tydeman Way  
South Jordan, Utah 84095  
801.253.1037

### COMMUNITY GARDENS

Hillside Garden - 11602 Lake Run  
Founders Garden - 1496 Kestrel Rise  
Church Garden - 10258 Phoebe  
North Shore Garden - 4600 Vermillion  
Garden ParkGarden - 4867 Verooma

### OQUIRRH LAKE

Residents have access to kayaks, rowboats, and sailboats at no charge!

### POOLS

East Lake Pool - 10761 Indigo Sky  
Brookside Pool - 10304 Fish Hook Road  
Splash Pool - 11428 South Kestrel Rise

### PARKS

Boulder Park - 10520 South Ojibwa  
Bowery Park - 10639 South Cave Run  
Brookside Park - 4863 Fish Hook  
Church Park - 10258 Phoebe  
Daybreak Promenade - 4260 Lake Bridge  
Eastlake Commons - 4569 West Dorena  
Finch Park - 4352 West Clarks Hill  
Firmont Park - 4823 West Firmont  
Founders Park - 11428 South Kestrel Rise  
Garden Corner - 4181 West Blackshear  
Orchard Park - 4331 West Belleville  
Overlook Park - 10749 South Fern Ridge  
Peek-a-Boo Park - 5006 West Calton  
Secret Garden - 4190 West Dardanelle  
Silent Rain Park - 4403 West Silent Rain  
Sunflower Park - 4688 West Lumina  
Sunset Park - 4370 West Cool Canyon  
Trellis Park - 10782 South Navarro  
Vermillion Park - 4421 West 10200 South  
Willoughby Park - 4481 West Willoughby

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REAL ESTATE CONSULTANTS

Keller Williams - South Valley Realty

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