



Upcoming Events for the Daybreak Community



Resources for Daybreak Residents



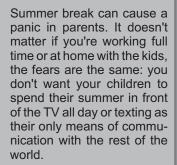
Daybreak: Volunteer Opportunities

# COMMUNITY

Daybreak News, Activities, Real Estate, Articles, & Tips for Summer 2016

## **SUMMER FUN FOR FAMILY:**

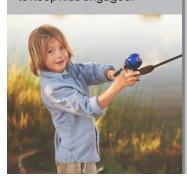
# Keep Your Kids Active



Parents can keep their kids' minds stimulated by trying any one these activities:

Make reading a daily habit. Children learn when their brains are active, even if they're reading fun and easy books.

Enroll them in **local summer programs**. Schools or community programs often sponsor events and activities to keep kids engaged.



Use the television to your advantage. Make sure **educational programs** are part of their routine. Examples: National Geographic, Animal Planet and Discovery Channel.

Make sure your child's summer is filled with **physical activities**. Children need 60 minutes of physical activity each day, including aerobic and muscle strengthening activities, according to the Centers for Disease Control and Prevention.

Sign your child up for local recreational or **sports programs**. Churches, community centers and schools usually host events throughout the summer. Let your child choose what interests them. They may even try something new.

Get a pass to the local **public swimming** pool. Encourage your children to head up to the pool by mid-morning to avoid the heat and the crowds.

Have your child write a story over the summer months.

Host a **sprinkler party** with the neighborhood kids.

Work with a neighborhood organization or nursing home to do **service work** together as a family. Community service is a great way to keep your child active while also learning valuable lessons in philanthropy and humility.

Do a **home improvement project** together. You and your kids can paint a bedroom wall, repurpose old furniture or plant a garden.

Take a **cooking class** together. Some are designed for children as young as 10.

Tour the area **museums**. Plan a day trip (or longer) to some of them this summer. Most museums offer a free admission time, such as Wednesday nights or the first Friday of every month.

The best thing you can do for your kids this summer is spend time with them. The bonding, activities and relaxation will be good for them, and for you.



### BROOKSIDE PARK

"Brookside Park, located in Daybreak, is a fun little park with a stream, slide down the side of the hill, zipline, beach volleyball area, and so much more.

"This is by far one of my favorite parks. It's in such a cute neighborhood and reminds me of a park right out of a perfect little neighborhood in a movie. My kid's favorite parts were the zipline and the stream. I loved the shade that was there while the kids played."

~ SaltLakeMoms.com

#### **AMENITIES:**

- BEST Play Equipment EVER!
- Zip Line
- Basketball courts
- Volleyball courts
- Grassy sports fields
- Barbeque stations
- Picnic areas
- Brook with play area (dress your kids to get wet!)
- Brookside Pool



# UPCOMING EVENTS





DAYBREAK

## SOUTH VALLEY REALTY WMMUNIII AMENIIIC

#### **SODA ROW MUSIC NIGHTS**

Fridays & Saturdays 6:00 - 8:00 pm Amphitheater at Kestrel Rise Road

Grab some food from our SoDa Row shops, take a walk along the lake, and then enjoy live music at Daybreak's amphitheater. A lovely local evening for all.

#### **SUMMER CAMP OUT**

July 15 - 16 6:00 pm

Firmont, Eastlake, Brookside, Ewok Parks

It's time for a camp out in Daybreak! On Friday, July 15th, we'll be taking over some of Daybreak's parks for the return of one of our most popular events. LiveDAYBREAK will provide fire pits and the fixins for s'mores, but you're in charge of your meal for the evening. Please bring games and activities to share and enjoy with your neighbors! In the morning, we'll provide a light breakfast

#### 9th ANNUAL FIZZ FEST STREET FAIR

August 12 - 13 4 - 10:00 PM SoDa Row

Daybreak's biggest party of the year is returning! Family games, amazing music and entertainment, art vendors, great food from SoDa Row eateries and food trucks and so much more!

#### **FARMERS' MARKET**

Saturdays - August - October 8:00 am - 2:00 pm South Jordan City Hall

Join local farmers to purchase fresh produce and enjoy weekly activities for the whole family - face painting, quilt show, DJ music, chalk art competition, chili cook off, cookie decorating. Be sure to visit us online for more information

www.southjordanfarmersmarket.com



#### SAFETY PREPAREDNESS FAIR

Friday, August 5 7:00 pm Heritage Park

The City of South Jordan is offering free classes on a wide range of topics including: Disaster kits, gun safety, radon awareness, first aid, powerless cooking, ID theft, hydroponic gardening, food storage, CPR, and more! Register today for any of the classes then join us on Friday for our Safety Fair. We'll have a live DJ, Superhero Fun Run, demos, Prescription Disposal Site, Vendor booths and more!

#### **DAYBREAK COMMUNITY CENTER**

and Fitness Center
4544 West Harvest Moon Drive
South Jordan, Utah 84095
801.253.6418
CommunityCenter@LiveDAYBREAK.com

#### **GARDEN PARK CLUBHOUSE**

11150 South Tydeman Way South Jordan, Utah 84095 801.253.1037

#### **COMMUNITY GARDENS**

Hillside Garden - 11602 Lake Run Founders Garden - 1496 Kestrel Rise Church Garden - 10258 Phoebe North Shore Garden - 4600 Vermillion Garden ParkGarden - 4867 Verooma

#### **OQUIRRH LAKE**

Residents have access to kayaks, rowboats, and sailboats at no charge!

#### **POOLS**

East Lake Pool - 10761 Indigo Sky Brookside Pool - 10304 Fish Hook Road Splash Pool - 11428 South Kestrel Rise

#### PARKS

Boulder Park - 10520 South Ojibwa Bowery Park - 10639 South Cave Run Brookside Park - 4863 Fish Hook Church Park - 10258 Phoebe Daybreak Promenade - 4260 Lake Bridge Eastlake Commons - 4569 West Dorena Finch Park - 4352 West Clarks Hill Firmont Park - 4823 West Firmont Founders Park - 11428 South Kestrel Rise Garden Corner - 4181 West Blackshear Orchard Park - 4331 West Belleville Overlook Park - 10749 South Fern Ridge Peek-a-Boo Park - 5006 West Calton Secret Garden - 4190 West Dardanelle Silent Rain Park - 4403 West Silent Rain Sunflower Park- 4688 West Lumina Sunset Park - 4370 West Cool Canyon Trellis Park - 10782 South Navarro Vermillion Park - 4421 West 10200 South Willoughby Park - 4481 West Willoughby

# re you interested in getting more involved with the Daybreak community?

Are you interested in getting more involved with the Daybreak community? LiveDAYBREAK would love to have you join their Steering Committee! The Steering Committee is a group of resident volunteers who help organize and implement all of the fantastic events at Daybreak. If you would like to join them, please attend one of their meetings - held on the fourth Thursday of each month at 6:00 pm at the Glass House. For more information, email information@livedaybreak.com.



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